

Welderlies

Staying Well Winter Event

Thursday 6th December 2018, 1-4pm

CVA Resource Centre, 82 London Road, CR0 2TB

Featuring:

- NHS Winter Campaign
- Digestive Health & Wellbeing
- Fraud & Scam Prevention



All 65 year old's and over welcomed Including families and friends

Refreshments Provided

Nearest BR: West Croydon, Buses: 60, 64, 109, 198,250, 289

This is a Welderlies event

Tel: 07870 508 790 | Email: swk@wellbeingyou.org